

August 2019 - Snack Menu

A mid-morning snack and a PM extended care snack (for those enrolled) are provided.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 SCHOOL CLOSED Teacher Prof. Development	6 SCHOOL CLOSED Teacher Prof. Development	7 SCHOOL CLOSED Teacher Prof. Development	8 SCHOOL CLOSED Teacher Prof. Development	9 SCHOOL CLOSED Teacher Prof. Development
12 Mid-morning Snack muffins & assorted fruit bowl Afternoon Snack edamame & club crackers	13 Mid-morning Snack yogurt & cheerios mix Afternoon Snack fig bars & bananas	14 Mid-morning Snack edamame & pretzels Afternoon Snack watermelon & Ritz crackers	15 Mid-morning Snack honeydew & animal crackers Afternoon Snack berries, cream cheese & graham crackers	16 Mid-morning Snack hummus & pita chips Afternoon Snack cantaloupe & animal crackers
19 Mid-morning Snack assorted cheese & pretzels Afternoon Snack raisin bread & clementines	20 Mid-morning Snack hummus & pita chips Afternoon Snack pineapple & wheat thins	21 Mid-morning Snack fruit salad & animal crackers Afternoon Snack watermelon & pretzels	22 Mid-morning Snack pineapple & wheat thins Afternoon Snack bananas & graham crackers	23 Mid-morning Snack club crackers & watermelon Afternoon Snack cantaloupe & animal crackers
26 Mid-morning Snack edamame & club crackers Afternoon Snack clementines & graham crackers	27 Mid-morning Snack baked tortilla chips & cantaloupe Afternoon Snack raisin bread & honeydew	28 Mid-morning Snack pineapple & club crackers Afternoon Snack edamame & pretzels	29 Mid-morning Snack berry tray, cream cheese & graham crackers Afternoon Snack apple sauce & vanilla wafers	30 Mid-morning Snack purple hummus & purple veggies Afternoon Snack fig bars & berries

Welcome!

Providing healthy meals is a priority to us. We want to help children know how the food we eat fuels our bodies and to understand how important it is to make healthy choices and to try new foods.

Join us after dropping off students the first day back to school, we will be serving coffee in the dining hall.



Happy birthday to Maria Montessori, on August 31st.