

## Lower Elementary- Daily Schedule

**Carline and Arrival (8:00 - 8:15)** The tone set for the start of the day is very important. Carline is a great way to say goodbye quickly and independently. Teachers will greet you in carline and your student can walk to their classroom to begin their day. If you choose to park your car, a simple goodbye at the classroom door sends your student a message of confidence.

Once inside classroom your student will be greeted with a handshake from their teacher. They will be invited to exchange their outdoor shoes for indoor shoes, hang up their outerwear and take time to prepare their work for the morning.

**Morning Work Cycle (8:15 - 11:20)** This is an uninterrupted time of between 2 ½ and 3 hours. During this time, students choose work from all areas of the curriculum: Language- English and Spanish, mathematics, cursive handwriting, Practical Life, geography, art, Earth Connections, botany, or zoology to name a few. All initial lessons to new work, as well as support and extensions to lessons, are given individually or in small groups. Teachers monitor and adjust the lessons as the students work through the sequential curriculum.

**Recess (11:30 - 12:00)** We go outside every day, weather permitting. Dressing appropriately for the day's weather condition and dressing safely for running and swinging and sliding makes this time fun! Please apply sunscreen and insect repellent at home, before school.

**Lunch (12:00 - 12:30)** With their tables set in the Dining Hall, students unpack their lunches from home or serve themselves from our chef-prepared lunch. This is a time for conversation as students practice grace and courtesy. After lunch, they wash and sanitize their dishes and restore the tables.

**Afternoon Work Cycle (12:30 - 2:45)** This is the second work cycle of the day. During this time, students can continue their work from the morning work cycle, or receive new lessons from all areas of the curriculum as in the morning. The afternoons can also include P.E., Media or a visit to the school's Library.

**Community (2:45 - 3:00)** A brief community time is held to end our day. Students will be invited to gather together and reflect.

**Preparation for Dismissal (3:00 - 3:10)** Students are then prepared for either dismissal to Extended Care or dismissal for home.