

September 2019 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SCHOOL CLOSED LABOR DAY	3 Penne al forno w/ tomato sauce Grilled vegetables Clementines	4 Turkey pinwheels Pickles Steam veggies Strawberries	5 Mashed sweet potato Green beans Baked pesto chicken strips Watermelon	6 Pizza Clementines
9 Breakfast for lunch: Pancakes with syrup Scrambled eggs Turkey sausage Bananas	10 Spaghetti w/ Bolognese sauce Mixed vegetables Garlic bread Cantaloupe	11 Build your own turkey croissant sandwich Lettuce, tomato & avocado Fruit salad	12 Cheese quesadilla Hummus w/ beets, cucumbers & carrots Clementines	13 Pizza Pineapple
16 Build your own shredded chicken taco Black bean salad Rice & Cheese Watermelon	17 Butter squash Mac & cheese Roasted vegetables Oranges	18 Penne al forno w/ tomato sauce Grilled vegetables Fruit salad	19 Chicken teriyaki Cauliflower rice Vegetables Cantaloupe	20 Pizza Seasonal fruit
23 Cheese quesadilla Hummus w/ beets, cucumbers & carrots Watermelon	24 Spaghetti w/ Bolognese sauce Steamed vegetables Garlic bread Honeydew	25 French toast strips w/ syrup Scrambled eggs Turkey bacon Bananas	26 Rosemary potatoes w/ veggies Grilled chicken strips Corn on the cob	27 Pizza Watermelon
30 Coming Soon				

Fun Fact About Arroz con Leche

There are some sayings that the origin of Arroz con leche (rice milk pudding) comes from the Muslim world and was imported into Spain when the Muslims conquered the South of the Iberian Peninsula. It became most popular in Central and South America. Now it's eaten all over the world.

At Pines, we incorporate international snacks into our menu so that we can learn about the origins of food and cultures from around the world.

Our focus is to offer nutritious, high quality meals in an atmosphere that is both peaceful and independent. A truly unique dining experience.

-Chef Liz

*A mid-morning snack and a PM extended care snack (for those enrolled) is provided.