



Middle School- Daily Schedule

Monday- Thursday

Daily Work Check/Jobs/Sign-in (8:00-8:15) The tone set for the start of the day is very important. Students arrive, sign-in to class. Turn in their daily work to be checked. Students can socialize as they prepare for P.E. to start. If a student has a morning job, they could do it at this time.

Physical Education (8:20-8:50) Students begin the day with P.E. because adolescents operate on a different circadian rhythm than smaller children or adults; their brains are simply not yet "awake" enough for the rigor of academic work at 8 a.m. It is physical activity and an introduction to various sports. However, and more importantly, it is also an opportunity for our community to interact with each other in ways they would not necessarily during the school day. P.E is when the students work in teams. When students with varying abilities stretch themselves and cheer each other on.

Community Meeting with Pace/Lesson (8:50- 9:30) A brief community time is held to begin our day. This student facilitated meeting provides a space and time for students to share and acknowledge each other. It helps students discuss class issues. It allows them to plan for their daily lunch time. Facilitators manage/ guide the meeting following an agenda. A student observer identifies students not participating fully. Students design their own guidelines for this meeting.

Group Work (9:30-11:30) Group work is done in randomly chosen groups. This encourages individuals to learn to work together. These groups accomplish physical tasks and academic tasks in subject matter units. Teachers use individual written tests, group teaching presentations, and self-assessments of the group process to assess the unit.

Lunch and Recess (11:30-12:15) Students have time to enjoy outside environments. Students and teachers dine together.

Guided Reflection (12:15-12:45) As part of the curriculum, students spend thirty minutes each day after lunch in Guided Reflection. Students alternate focusing on The Heroic Journey and The 7 Habits of Highly Effective Teens; Sixteen Habits of Mind. Students need time each day to reflect and relax. During this time meditative music is playing and lights are dimmed.

Individual Work/Math Lesson/ Language Lesson (Mon-Tues) (12:50-3:00) Students plan their individual work time to meet their work needs each week. Students can work at their own pace- allotting additional time to their challenging work area. This self-directed environment encourages students to master time management. Teachers give small group and individual lessons as needed by students.

Jobs/Dismissal (3:00- 3:15) Students are responsible for care and cleaning of their environment. This is accomplished during this time.

Tutorials (Mon-Thurs)/Optional (3:30- 4:30) This time is provided to help students, monitor work, or re-take quizzes and tests. This time allows students to remain in a structured environment to complete work especially if they need additional teacher assistance. Re-tests are given during this time as the discretion of the teacher.



Middle School- Daily Schedule

Friday

Daily Work Check/Jobs/Sign-in (8:00-8:15) The tone set for the start of the day is very important. Students arrive, sign-in to class. Turn in their daily work to be checked. Students can socialize as they prepare for P.E. to start. If a student has a morning job, they could do it at this time.

Community Meeting with Pace/Lesson (8:15- 8:45) A brief community time is held to begin our day. This student facilitated meeting provides a space and time for students to share and acknowledge each other. It helps students discuss class issues. It allows them to plan for their daily lunch time. Facilitators manage/ guide the meeting following an agenda. A student observer identifies students not participating fully. Students design their own guidelines for this meeting.

Teaching Presentations (9:00-9:45) Each week, student groups are responsible for teaching. These presentations are the culmination of the weekly group work. Each group is responsible for educating the students regarding the area of study in which they researched. Students may prepare many different modes of teaching presentation: poster, storybook, skit, lesson cards, power point, movie, song or timeline. Teaching groups are assessed by a student designed rubric.

Synthesis (9:45-10:30) Students and teachers discuss all teaching presentations, reinforcing the new concepts and interrelated nature of their work. Students are encouraged to practice note taking skills during this time.

Electives (10:30-11:30) Students will have the opportunity to select four areas of exploration. Areas of exploration vary each year with student interest and availability of outside teaching resources. Courses may include the following: computer programming, photography, jewelry making, painting, chemistry, pottery, history, carpentry, economics, trip planning, cooking and gala project.

Lunch and Recess (11:30-12:15) Students have time to enjoy outside environments. Students and teachers dine together.

Socratic Discussion (12:15-1:00) Students, in a group setting, read an intentionally challenging piece, selected by the teacher. After silent reflection, the students analyze the piece through discussion. This is a structures process the aim of which is fostering critical thinking and constructive listening skills.

Individual Conferences (1:00-1:50) Each week teachers/guides meet individually with students to review their weekly goals and work.

Design (1:50-3:00) Design is a year- long creative endeavor involving 5th, 6th, 7th, and 8th years. Students work in multi-level groups to accomplish a creative goal that is established by the Middle School teaching team. Past design goals included inventing a product, inventing game, and writing and staging a one act play.

Jobs/Dismissal (3:00- 3:15) Students are responsible for care and cleaning of their environment. This is accomplished during this time.